## **SKILLS**

5Rhythms
6 Step
A Cappella
Abseiling
Accordion
Acro
Aerial
Aerial Hammock
Aerial Hoop
Aerobics
African Dance
African Dance-Contemporary
African Drums
Aikido
Air Rifle Shooting
Akan
Albanian
Alto
American Football
American Pool
Ancient Greek
Arabic
Archery
Argentine Tango
Athletics
Baby Signing
Bachata
Badminton
Ballad

Baritone
Barrcore
Bartender
Baseball
Basketball
Bass (Singing)
Bass Guitar
Baton Twirling
Beatboxing
Belly Dancing
Bengali
Berimbau
Bhangra
Bharatanatyam
BMX Racing
BMX Stunts
Body Boarding
Body Combat
Body Popping
Bodyboarding
Bodybuilding
Bollywood
Bongo Drums
Bosnian
Bouldering
Bouncer
Bowling
Boxing

Ballet

Banjo

Ballroom

Bungee Jumping
Burlesque
Burmese
Cabaret Dancing
Can Can
Canoeing
Cantonese
Capoeira
Caribbean Dance
Carriage Driving
Cat's Cradle
Catalan
Ceilidh Dancing
Cello
Cha Cha
Charleston
Cheerleading
Children's Theatre
Chinese
Choral Singing
Choreography
Circus Skills
Clarinet
Classical Singing
Climbing
Clown

Brazilian Jiu Jitsu

BSL (British Sign Language)

Breakdancing

Bugle

Bulgarian

Coloratura mezzo-soprano
Comedy
Comedy Improv
Commedia Dell'Arte
Commercial Dancing
Contact Improvisation
Contemporary
Contortion
Contralto Singing
Cooking/Baking
Cornet
Corporate Roleplay
Counselling
Country Dancing
Country Singing
Creole
Cricket
Croatian
Cross Country Running
Crossfit
Cycling
Dancehall
Danish
Darts
Devil Sticks
Diablo
Didgeridoo
Disco Dancing
Diving
DJ
Dodgeball

Dominatrix
Double Bass
Drag Act (Professional Experience)
Dressage
Driving
Drums
Dutch
Electric Guitar
Estonian
Euphonium
Falconry
Falsetto
Farm Machinery Driving
Farsi
Fencing
Filipino
Finnish
Firearms
Fire Eating
Fire Fighting
Fire Poi
Fishing
Flamenco
Flute
Folk Dancing
Folk Singing
Football
Football Referee
Fork Lift Truck
Foxtrot

Free Diving





Judo
Juggling
Karate
Karting
Kayaking
Kendo
Keyboard
Khmer
Kick Boxing
Kizomba
Knitting
Korean
Kosovan
Krav Maga
Krumping
Kung Fu
Kurdish
Laban
Lacrosse
Lambada
Latin American
Latvian
Lifeguard
Line Dancing
Lithuanian

Jazz

Jive

Jogging

Jiu Jitsu

Jet Biking

Jet Skiing

Locking
Long Jump
Longboarding
Lyric mezzo-soprano
Lyrical
Magic
Majorette
Makaton
Malay
Malayayam
Maltese
Mandarin
Mandolin
Maro
Martial Arts
Mask
Massage Therapist
Medieval Sword Fighting
Merengue
Mezzo
Mezzo-Soprano
Military Training
Military Vehicles (Driving)
Modern
Morris Dancing
Motion Capture
Motocross
Motor Racing
Motorboat
Motorcycle
Mountain Biking

Muay Thai
Musical Comedy
Musical Theatre
Narration
National Dancing
Nepalese
Netball
Norwegian
Oboe
Ocarina
Off Road 4X4 Driving
One Man Band (Traditional)
Opera
Organ
Outdoor Performances
Paddle Board
Paragliding
Parasailing
Parkour
Pas de Deux
Paso Doble
Patois
Percussion
Period Dancing
Persian
Personal Trainer
Physical Theatre
Piano
Pilates
Pointe
Pole Dance

Pole Fitness
Pole Vault
Polish
Polo
Pool
Portuguese
Powerboat (Driving)
Precision Driving
Presenting
Promenade Theatre
Punjabi
Puppetry (Hand)
Qigong
Quad Biking
Quick Step
R&B (Singing)
Radio Presenting
Rapping
Recorder
Rhythmic Gymnastics
Ring Master
Ripstick
Rock 'n' Roll
Rock Climbing
Rock Singing
Roller Blading
Roller Skating
Romanian
Rookie Lifeguarding
Rounders
Rowing

Rugby
Rumba
Running
Russian
Russian Ballet
Sailing
Salsa
Samba
Saxophone
Scooter
Scuba Diving
Serbian
Shooting
Sight-Reading
Silks
Singing
Skateboarding
Skiing
Skin Work
Skipping
Sky Diving
Slovenian
Slow Rhythm
Snooker
Snorkelling
Snowboarding
Snowmobile
Soprano (Singing)
Spanish
Spoken Word
Squash

Stage Combat
Stand Up Comedy
Stand Up Paddle Board
Static Trapeze
Steel Pan/Steel Drums
Stilts
Street
Street Jazz
Street Theatre
Surfing
Swashbuckling
Swedish
Swimming
Synchronised Swimming
Table Tennis
Taekwondo
Tagalog
Tag Rugby
Tai Chi
Taiwanese
Tamil
Tango
Тар
Tarot Reading
Tennis
Tenor
Tenor Baritone
Thai
Thai Boxing
Theatre Craft
Theatre in Education

Theatrical
Timpani Drums
Toastmaster
Trampolining
Trapeze
Treble
Treble Recorder
Triathlon
Triple Jump
Trombone
Trumpet
Tuba
Turkish
Twi
Two Step
Ukrainian
Ukulele
Urdu
Ventriloquism
Vietnamese
Viola
Violin
Vogue Dancing
Voiceover
Voice Over + Access to Studio
Voice Over + Home Studio
Voice Over + Studio + Source Connect or similar
Voice Over Professional/Specialist
Volleyball
Waacking
Waiting Staff

Wakeboarding
Walking Globe
Waltz
Water Polo
Water Skiing
Weight Training
Wind Surfing
Wing Chun
Wobbleboard
Xylophone
Yoga
Yoruba
Zouk
Zumba